



Reflection Questions

Meta-cognition leads to personal monitoring, adjustments, adaptations, and restructuring of thought processes.

Self-knowledge

What surprised you during the process of completing your IP project?

What did you learn about yourself during the process of completing your IP project?

What did you learn about your personal learning style during the process of completing your IP project?

What did you learn about how to motivate yourself during the process of completing your IP project?

What knowledge will you take with you from this experience into your next project?

How have your feelings changed since the beginning of the project and this final period of reflection?

Is it easy for you to work with classmates? Why or why not?

Did your level of motivation change (increase or diminish) while carrying out the IP project?

The easiest part of the project was...

The most challenging part of the project was...

Explain how you overcame challenges during the project.

Which parts of your project make you proud?

How closely is your project connected to your interests, values, hobbies, etc.?



Process of Integration

What subject area(s) did you integrate during the process of completing your IP project?

How did the subject area content help shape or give meaning to your project?

Which cross-curricular competencies helped you during the process of completing your IP project?

Provide an example of how one of the cross-curricular competencies helped you overcome a problem or resolve a challenge.

To which Broad Area of Learning did you connect your IP project?

Describe how this Broad Area of Learning changed the scope or complexity of your project.

How did you integrate feedback you received from the teacher, your mentor, and your classmates?

Describe at least one thing you learned that is transferable to other situations (in or out of school).

Describe some previous experiences that helped you complete the project.

Use one sentence to summarize how you understand your project during this final period of reflection.



Learning goal

What process did you follow to arrive at a learning goal for your project?

Why is articulating a learning goal so important for the successful completion of an IP project?

What factors influenced the learning goal you set for yourself?

What did you do to ensure your learning goal was guiding you throughout the process of completing your IP project?

Did you adjust or revise or refine your learning goal at any time during the process of completing your IP project?

What role did your learning goal play in deciding which actions and resources to use during the process of completing your IP project?

Which parts of your process were the most helpful in achieving your learning goal?

What indicators did you use to judge whether or not you were on the right track towards achieving your learning goal?



Process of executing the project

Did you accomplish what you set out to do with this project?

How did you keep track of your learning process and retain evidence of your learning?

Did the process of preparing the final presentation of your project help you understand more about your overall learning and development?

With the knowledge you now have, what would you do differently if you were to do this same project again?

Which resources were particularly valuable during the process of completing your IP project?

What did you do when you did not get the results you anticipated?

How did you record your actions during the process?

What modifications did you make to your original project plan?

Describe a work method or strategy that consistently works for you.

When researching information, how do you know where to begin? Describe your process.

How did you prepare to interview an expert? Were you successful in obtaining the information you needed from this person (these people)?